

Professional Organisations to help with Grief and the Processing of loss.

Please search the internet for organisational contact details

Name of organisation / charity	Synopsis of contents
Alliance of Hope for Suicide Loss Survivors	This charity provides healing support for people coping with the shock, excruciating grief and complex emotions that accompany the loss of a loved one to suicide. They provide resources to help you deal with, and eventually heal from, what may well be the “worst pain you will ever feel” .
Royal Voluntary Service – together for older people	This charity aims to share experiences of bereavement and the shares ideas that have proven to be of help. It gives lots of very practical and emotional tips of support for those over 70 and recommends local activity groups and they provide individual support upon assessment.
The Lullaby Trust	This charity provides support for families who have lost a baby or toddler, they provide a bereavement support helpline, discussion forum, care of next infant, family days, befrienders, and memorial website, when a baby dies booklet, and how to access local groups and individual support to grandparents.
Sands	This charities mission, vision and values as one organisation remain constant and guide our work. We work to reduce the number of babies dying and to improve care and support for anyone affected by the death of a baby.
Winston's Wish	This charity supports children and young people after the death of a parent or sibling This is one of the most devastating losses a child will ever face.
Cruse Bereavement care	This charity offers free confidential support for adults and children, and this can be by telephone, email or face to face. Cruse services are provided by a national network of 5,000 trained volunteers. Cruse also provides training and consultancy for external organisations and for those who may encounter bereaved people in the course of their work.
Open to hope	This charity offers support after the loss of a parent. It provides Stories of others who have lost parents that will inspire and support “Hope is the bridge between loss and recovery” . It provides a free email book
Sue Ryder Online Bereavement Community	You are not alone. If you are struggling with grief, our Online Community is a place to share experiences, get things off your chest, ask questions and chat to people who understand.
Ashgate Hospice Derbyshire See your local Hospice	This charity Ashgate Hospice care, offer a patient and family Support Team when and where they are needed to offer emotional and psychological support to patients, their families, friends and carers. This may consist of: ✓ Telephone support and counselling ✓ Face to face support and counselling

	✓ Six week group for recently bereaved partners ✓ Social support group for people whose partner has died ✓ Support group for parents whose adult child has died ✓ Art therapy ✓ Support group for people whose partner has died, who are under 55 and/or have dependant children ✓ Bereavement support and counselling Clinical Psychology ✓ Specialist work with children and adolescents ✓ Memorial events
Grief and Sympathy	A Web Site for Coping with Grief and Expressing Sympathy Every bereavement or loss is different. Whether you have lost a child or a husband, wife or partner, a parent, or a grandparent what you may be feeling will be very varied. The charity aims to cover as many experiences of loss as they can, so that you can find some comfort for your particular situation.
The Loss Foundation	Providing free bereavement support for loss to Cancer or Covid-19
Other UK Bereavement Support Organisations "SLOW"	At SLOW the charity recognises that some bereaved families may require additional support so here are some links to other UK bereavement support charities and organisations:

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